MISSOULA Kids MARATHON
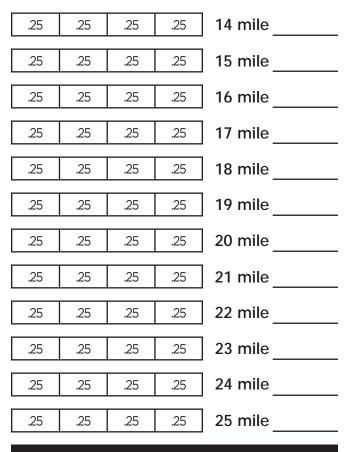
RUN · HAVE FUN · BE HEALTHY

First: Upon registering run, jog, hike, swim or roll 25 miles before race day. Have an adult or parent sign for each mile.

Second: In addition to your training runs, run local races to add mileage to your log such as the *Run for the Trees: April 12th*, the *Superfun(d) free kids 1mile/5k: April 25th* and the *Riverbank Run: May 9th*. Check www.RunWildMissoula.org for more listings of local runs.

Third: Come run the final 1.2 miles of your marathon and pick up your medal and goodie bag at the Missoula Kids Marathon fun run at 10:00 AM on Saturday, July 11, 2015. Check the website before race day to verify the start time and location. Plan to arrive early to pick up your race packet, find your place, and warm up.

Missoula Kids Marathon scholarships courtesy of Missoula Marathon's generous sponsors. More information available at www.MissoulaKidsMarathon.org

START ▼				ADULT INITIALS ▼					ADULT INITIALS ▼
.25	.25	.25	.25	1 mile _____	.25	.25	.25	.25	14 mile _____
.25	.25	.25	.25	2 mile _____	.25	.25	.25	.25	15 mile _____
.25	.25	.25	.25	3 mile _____	.25	.25	.25	.25	16 mile _____
.25	.25	.25	.25	4 mile _____	.25	.25	.25	.25	17 mile _____
.25	.25	.25	.25	5 mile _____	.25	.25	.25	.25	18 mile _____
.25	.25	.25	.25	6 mile _____	.25	.25	.25	.25	19 mile _____
.25	.25	.25	.25	7 mile _____	.25	.25	.25	.25	20 mile _____
.25	.25	.25	.25	8 mile _____	.25	.25	.25	.25	21 mile _____
.25	.25	.25	.25	9 mile _____	.25	.25	.25	.25	22 mile _____
.25	.25	.25	.25	10 mile _____	.25	.25	.25	.25	23 mile _____
.25	.25	.25	.25	11 mile _____	.25	.25	.25	.25	24 mile _____
.25	.25	.25	.25	12 mile _____	.25	.25	.25	.25	25 mile _____
.25	.25	.25	.25	13 mile _____					**FINISH YOUR MARATHON ON RACE DAY!**

Any Questions? Visit: **www.MissoulaKidsMarathon.org**