

COURSE DIRECTIONS

START Alpine Physical Therapy (5000 Blue Mountain Rd)

- Continue for 2.6 miles on Blue Mountain Road
- Right on River Pines

Left on 4th St.

Right on Walnut

Right on Blaine

Cross Mount to Hollis

Left on Burlington

Right on Ronald

Left on Sussex

Left on Helen

Left on Beverly

Right on Hilda

Left on Fourth

Over the Bridge

Left on Eddy Avenue

Right on Gerald Avenue

Right onto Higgins Avenue

FINISH: On Higgins Avenue at Front Street

(Continues as Beckwith)

(Changes into Hastings)

· From now on follow the Full Marathon Course Directions

1.9 miles

Marcure Lane 4.4 miles Lacasse Lane at Stone Container 6.6 miles

Harper's Bridge 8.5 miles Deschamps Lane 9.4 miles Kona Ranch

11.4 miles Big Flat/Paradise 1155 Big Flat Road 13.4 miles River Pines **ECLIF 15.6** miles

1010 Clements - Mountain View School 17.7 miles **19.3** miles 3rd @ Hiberta - Hawthorne Elementary

3rd @ Curtis / Schilling 21.2 miles

22.1 miles Inez @ 4th

Brooks & Beckwith (Caffe Dolce) 23 miles Bonner Park #1 (Ronald & Beverly) 23.9 miles

24.8 miles Bonner Park #2 (Hilda & Evans)

HALF MARATHON

First aid station at 2.6 mile marker. From this marker on all aid stations are the same as full marathon